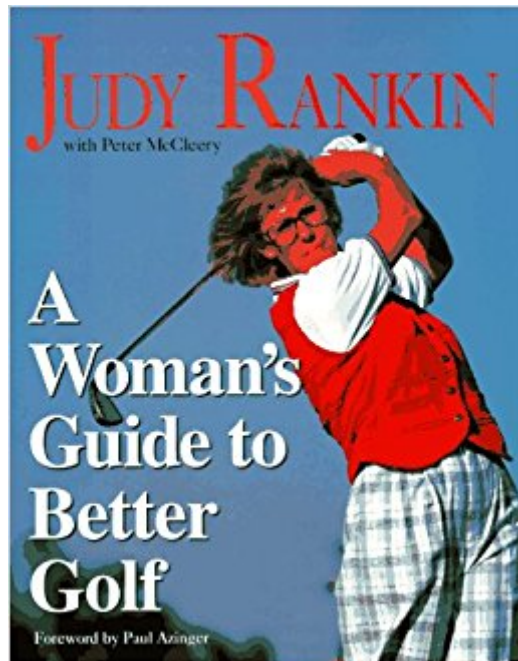




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# A Woman's Guide To Better Golf



## Synopsis

Longtime PGA star and current ABC Sports commentator Judy Rankin shares her practical advice from a lifetime in golf for learning and improving this most difficult of games. 2-color interior. 30 line drawings. 175 photos.

## Book Information

Hardcover: 193 pages

Publisher: Contemporary Books (November 1995)

Language: English

ISBN-10: 0809234068

ISBN-13: 978-0809234066

Product Dimensions: 0.8 x 8.5 x 10.5 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 5 customer reviews

Best Sellers Rank: #368,103 in Books (See Top 100 in Books) #40 in [Books > Sports & Outdoors > Miscellaneous > Women in Sports](#) #404 in [Books > Sports & Outdoors > Golf](#) #2889 in [Books > Sports & Outdoors > Individual Sports](#)

## Customer Reviews

This how-to guide is distinguished by the large number of photographs and line drawings that illustrate the instructor's lessons, with a minimum of nice but not very informative photographs that are often in books of this ilk. Rankin, whose professional golfing heyday was in the 1960s and 1970s, currently works as an on-course TV commentator for both men's and women's tournaments and has made several instructional videos. She covers swing basics, course strategy, warmup exercises, lesson-taking, and provides two unique features: a chapter on how to give golf a one-month tryout before giving up (as so many beginners do) and how to learn from watching golf on TV. Relatively jargon-free, this book includes many tips from many professionals, both male and female. A good complement to Nancy Lopez's *The Complete Golfer* (LJ 10/15/87) and Kathy Whitworth's *Golf for Women* (LJ 6/15/90).?Kathy Ruffle, Coll. of New Caledonia Lib., Prince George, B.C. Copyright 1995 Reed Business Information, Inc.

Super guide.

Judy provides simple instruction that can take several strokes off of your game. She has played the

game at the highest level on the LPGA tour, but she also has seen every great player from Sneed, to Tiger.

A classic by a great golfer perhaps better known now as an insightful broadcaster. Book is good for both the female golfer and her husband, who may think he's read all there is to read about the game.

While nothing will replace a series of lessons from a competent teaching pro, this book can be a useful supplement for those of us who need to have something tangible to refer back to, in between lessons and rounds. The pictures are detailed and are particularly nice with regard to giving the reader a sequential view of different shots from different angles. Some of the theory behind different shots is also presented, but not in an overly wordy or technical manner. As a novice woman golfer, I refer to this book fairly frequently, as it has given me a better understanding of my particular swing mechanics without inundating me with a lot of physics. I found the discourse on grip particularly helpful. There are also some nice side-bar comments and tips sprinkled throughout the book, which can be useful. I found this book to be well-written, without cute language and/or negative attitudes about male golfers. Thanks, Judy.

For the first time a golf book for women that is not condescending

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